

# Continuous Improvement

**1. Compliance with safety regulations ensures all workplace risks have been eliminated.**

- a. Myth
- b. Fact

**2. Which of the following best represents the concept of continuous improvement in the context of preventing musculoskeletal disorders (MSDs) in the workplace?**

- a. Conducting an ergonomic assessment and implementing changes as needed
- b. Regularly evaluating workplace ergonomics, implementing repeated improvements and incorporating worker feedback
- c. Waiting for an incident report before making ergonomic modifications
- d. All of the above

**3. Safety training attendance is a key leading indicator to prevent serious incidents and fatalities (SIFs).**

- a. Myth
- b. Fact

**4. Which of the following is the best approach to improving personal protective equipment (PPE) use and safety in the workplace?**

- a. Relying on employees to report issues with PPE if they arise
- b. Conducting regular PPE safety audits and gathering employee feedback
- c. Assuming all PPE fits properly and provides adequate protection for every employee
- d. Only replacing PPE when it is visibly damaged

**5. According to a 2024 Work to Zero survey of 500 employers from safety-sensitive industries, which of these was the most used safety technology?**

- a. Drones
- b. Wearable gas sensors
- c. Proximity sensors
- d. Risk management software



Answers: 1. a 2. b 3. b 4. b 5. d