

Wellbeing



1. Worker wellbeing is primarily an individual issue, not a workplace problem.

- a. Myth
- b. Fact

2. Overdose accounts for 10% of all workplace deaths.

- a. Myth
- b. Fact

3. Fatigue primarily creates safety risks for workers on night shifts.

- a. Myth
- b. Fact

4. Workers in recovery miss fewer days of work than the average worker not in recovery.

- a. Myth
- b. Fact

5. Organizations see a return of \$4 for every dollar invested in mental health treatment.

- a. Myth
- b. Fact



Answers: 1. a 2. b 3. a 4. b 5. b