



Car Crashes are the #1 Cause of Workplace Death



Start every drive with these simple steps:



Adjust your mirrors to limit your blind spots



Program your GPS and music before leaving for your destination



Adjust your seat to reach necessary knobs and switches



Take care of recalls and repairs as soon as they come up



Put away your phone and other distractions



Stock up your emergency kit and inspect it every few months



Set your phone to "Do Not Disturb" before shifting into drive



Get in the right head space to drive free of impairment, distraction and frustration



For more information on this and other safety topics, visit the member-exclusive website at nsc.org