



HEALTHY LIFESTYLES Onsite Screenings

The City of Bryan's Healthy Lifestyle Program offers employees discounted health premiums for participating in an annual Biometric Screening.

On-site Screenings will be held:

Wednesday, September 25th– BTU Distribution (7:00-9:00am)

Tuesday, October 8th-MSC (6:30-8:30am)

Wednesday, October 9th-MSC (6:30-8:30am)

Wednesday, October 23rd-MOB (7:30-9:30am)

To schedule an on-site screening, contact Risk Management at 209-5054 or e-mail employeebenefits@bryantx.gov

If you would like to have your assessment completed through your physician or at the City of Bryan Employee Health Center (821-7690), please call them directly for an appointment. You must have an appointment at the Employee Health Center-NO WALK-INS!

Take your Wellness Packet to your appointment.

What will be assessed?

Blood Pressure, Total Cholesterol, LDL, A1C, CMP, PSA (Men 45+),
Height and Weight

Labs completed between July 1, 2024 and after will be accepted.

Exception: Police & Fire-HUFFINES results must be from 2024

Questions? Contact Risk Management at 209-5054 or email employeebenefits@bryantx.gov